

## Mapping of curriculum subjects to National Curriculum

### Physical Education

To help support Physical Education and Sport in school, Complete PE is used as a resource. Complete P.E. includes suggested sequences of learning for Foundation Stage, KS1 and KS2. There is a suggested sequence of learning for every area of the PE National Curriculum.

Complete P.E. has been designed and created to allow teachers to either teach directly from the resource or copy elements of the resource into your own planning templates. Each suggested sequence of learning is divided into 4 key sections:

- Learning Objectives & Intentions
- Key Questions
- Content & Structure
- Success Criteria

Each suggested sequence of learning has clear physical, cognitive, social and emotional (wellbeing) success outcomes to ensure the physical and personal development of all pupils.

### **By the end of EYFS pupils will be taught to:**

#### **Early Learning Goal**

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination when playing;
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

### **Key stage 1 End Point**

#### *Pupils should learn to:*

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

### **Key stage 2 End Point**

#### *Pupils should learn to:*

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

#### Swimming

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

